

THE ESSENES  
OF TODAY



FOR A NEW WAY  
OF BEING...

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# What is an Essene today?

The fundamental purpose of an Essene is service.

The Essenes believe that without the divine world there is no future, no meaning, and no direction for mankind. They are aware that the purpose of existence is not only to «live» on earth, but rather that a soul incarnates into a physical body to achieve something concrete. In the Essene philosophy, the world of man, that is to say, the material world, is only a means to achieve or implement something bigger. The material world is not negative, quite the opposite, but you must not become its slave. We must benefit from this by realizing that for which we came, our mission.

The Essenes believe there is an intelligence above everything. Then why go to the world of men to find intelligence since this world is but a pale reflection of a much higher intelligence?

The Essenes want to go to the source of everything, without distortion, without interpretations. They want to understand what is the meaning of life on earth. To study, work, have a family, a house, car and money are goals for life on earth, but this concerns only the material life of man.

The Essenes believe that man is not alone living on earth. Without Mother-Earth and all the kingdoms that form her, man cannot really be himself. The Essenes also believe that there are subtle worlds around man, worlds that are invisible and that have been given different names, but which are real. The Essenes want to live in harmony with all the worlds, be responsible beings and be healers by integrating all these kingdoms into their lives.

Man is responsible for his thoughts, feelings and actions. He can create an unbalanced world which imprisons beings or, on the contrary, a perfect world that integrates them and gives them freedom.

In Palestine at the time of Master Jesus, the intention of the Essenes was to live a pure, healthy and wise life because they said that one day the Light would come and find the perfect body to be able to live on earth. Today the Essenes still believe that if we live according to a higher intelligence, integrating all the kingdoms, and that we know how to be just and true in our daily lives, a

higher world will open its doors and lead us towards greater worlds, full of wisdom. In this way our lives take on meaning.

There is nothing more frustrating in the life of man than not knowing the meaning of life.

What have we come to do on earth? Who are we really and what is our mission?

The higher worlds and the Mother reveal all these things, if we know how to listen to them.

The Essenes want the respect, harmony and balance of the worlds in order for each creature to find a path towards something greater.

Man is at the service of a higher intelligence and should make his life conform to this principle. The Essenes do not want to go into intellectual and inaccessible theories, but on the contrary, they want to let simple and clear principles of life enter into their thoughts without feeling compelled to radically change their lives.

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telligence de la Terre - Essene Tradi-



# How to recognize an Essene

tion, man is an intermediary between the worlds of the Father (the Angels, Archangels and Gods) and the worlds of the Mother (minerals, plants and animals). Because of his position, he has a role play. He needs to know who his Father is, that is to say, where does his inspiration and thought come from? He must ask himself, "Who directs me and makes me act in my life?" He must also know who his Mother is, where she is, if he is separated from her or if he lives with her? Does she speak to him, guide him and give him the elements to build a body and become strong?

An Essene is a being of tradition. That means in his everyday life he tries to receive the teaching of his Father, that is to say from a higher world, he tries to develop a bigger and better understanding that goes beyond what he sees outside of himself. An Essene tries to develop subtlety to be able to detect what comes from a higher world and what comes from the world of man. The world of man, as was said before, is not negative, but if we let it guide us, it will lead us to sadness and away from all that is subtle so that we comply only with physical laws.

In the world of men, there is no question of speaking to Angels or beings of nature. Everything must be tangible. So man despairs and does not find the higher breath of this life that will inevitably lead to death.

## The Essenes have a deep love for the earth

For them it is the Mother that supports us, who is close to us, who is present in all circumstances of life to sustain, awaken and help us. The Mother is everything beautiful that we see : a tree, a flower, a spring, all that is alive in our world and that is not manufactured by man is the face of the Mother. She continually shows us that there is always a world of beauty, that life is omnipresent.

In their daily lives, the Essenes try to create a living connection with the Mother by having an attitude of respect: respect for the animals, plants and minerals. Man, who finds himself in the middle of these seven kingdoms of creation, must try to balance all these worlds; the Essenes then try to ensure that the Father, the Mother and all beings find a communion, a language and a life of harmony through them. You will recognize the Essenes by the fact that they talk about their Father, the divine world, and their Mother, nature, the two foundations of human life on earth.

# History of the Essenes

The existence of the Essenes goes back to the dawn of time. Enoch, a descendant of the seventh generation in the lineage of Adam and Eve, is the founding Father of the Tradition of the Light, the Essene Tradition. He was the first to talk about the worlds of Angels and Archangels and to describe them. He revealed how these worlds act on humanity. In describing these higher worlds, he opened the door, he showed us the path to reach the Source, that is, the Father.

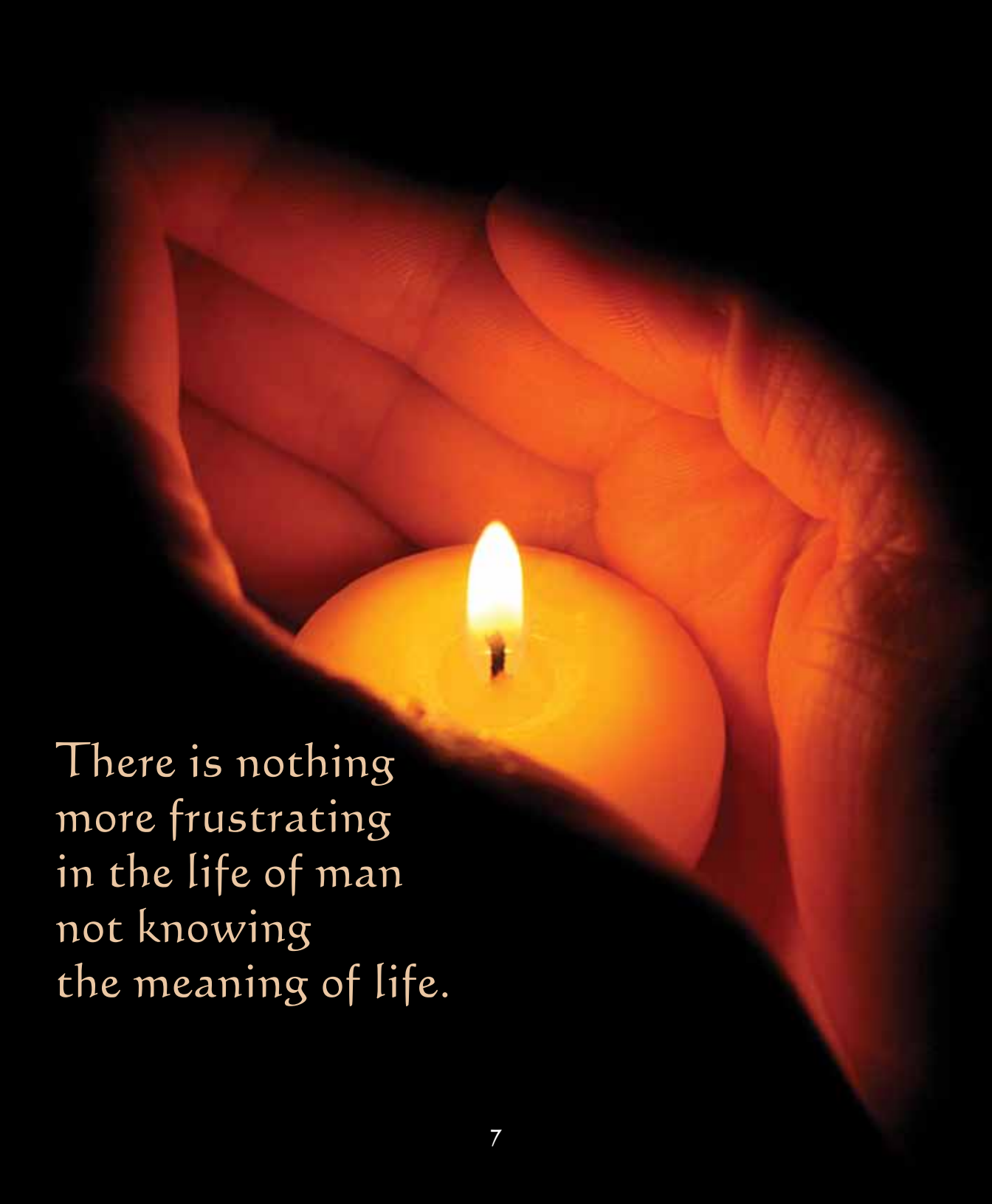
After that, the divine world sent people to bring the message of a higher world, so that no man could ever forget that there is a possibility of returning to the world of immortality. The Messengers of the world of Light have often created cultures, religions, had followers and always tried to bring the flame that never dies through words, philosophy, a way of life, a behavior and above all, a sense of life.

Zoroaster, Mani, Jesus, the Cathars, and finally the Masters Peter Deunov and Omraam Mikhaël Aïvanhov were representatives of this Tradition that never dies.

These Masters have formulated, each in their own way, that which could be the eternal Teaching.

Today the Essenes, guided by the Master Olivier Manitara do what they must do to enliven this wisdom.

The Essenes want to be servants of a higher world. In keeping with this Tradition, perpetuated since the beginning of time, they want to heal all beings in order to create a pure earth.

A close-up photograph of a lit candle held in the palm of a hand. The candle is lit, with a bright yellow flame and a glowing orange wax surface. The hand is cupped around the candle, and the skin is illuminated by the warm light of the candle. The background is dark, making the candle and hand the central focus.

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# Activities of the Essene Nation

The Essenes meet every three months to celebrate Archangels Michael, Gabriel, Raphael and Uriel.

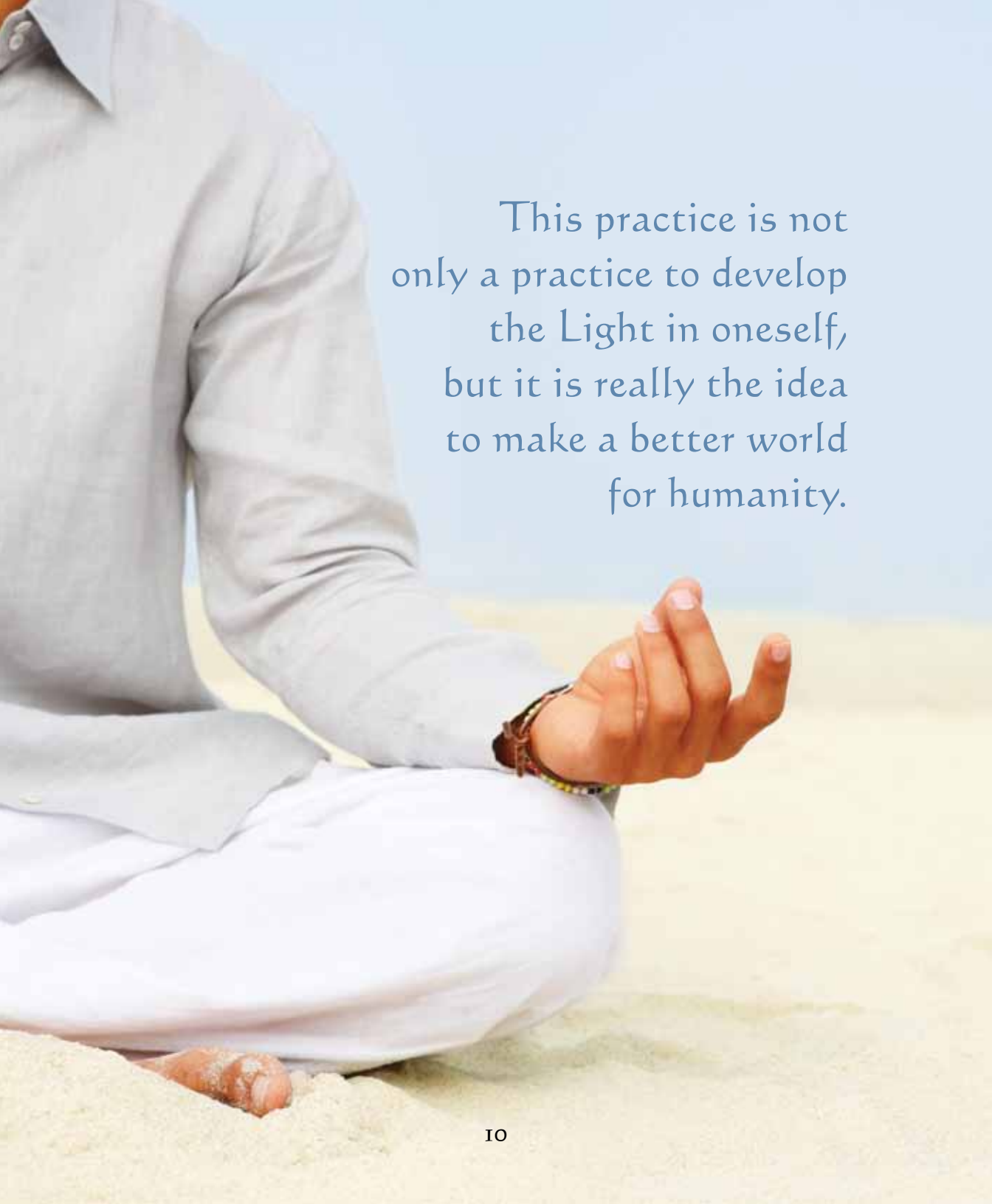
In every country where the Essene Nation is established, the Essenes gather at the solstices and equinoxes and form the great chain of unity for the celebration of the Archangels. For the Essenes, the year begins with Michael, the autumnal equinox.

In September, the Essenes celebrate Archangel Michael, sowing in their inner earth the seeds of what they would like to see happen during the year. To honour the Father of Fire, hundreds of people gather to pray, meditate, sing, dance, and make this event an unforgettable moment for the victory of the higher worlds. These four days are at the same time a celebration, meditation, communion, a joy and a sharing.

At the end of the year, during Christmas or right after, the Essenes celebrate Archangel Gabriel. The Father of water is the protector of the family and relationships. The Essenes, the great family of Light, gather together to honour he who is the closest to men and to receive the blessing and baptism with the water of Gabriel. It is also a time for the families to baptize their newborns in the Essene Tradition.

In late March, the Essenes gather again to celebrate Raphael, Father of air, Archangel of health and immortality. At the top of the highest mountains in the world, Essenes have placed actinolite, sacred stones offered by Raphael to the Essene Nation. These green stones are reactivated during the celebration of Raphael. Thanks to these minerals spread out throughout the world, the earth is blessed by the Archangel.

Finally, in June, the Essenes finish the cycle of the celebrations by honouring Archangel Uriel, the Father of the Earth of Light. It is the time to reap what one has sown at the beginning of the Essene year, at Michael. It is the time of achievements and completion of works. Uriel is the earth, concrete acts. It is a time of joy and rejoicing, as the sun gives the earth his precious light.



This practice is not only a practice to develop the Light in oneself, but it is really the idea to make a better world for humanity.

# Daily practice of the Essenes

The Essenes consider their lives as an offering. The higher world is greater and wiser than all that we can live in our material life. That is why they think that it is most important to give strength to the divine world. Not that the material world should be abandoned, but one must give what is essential in one's life to that which is eternal, to that which will survive the death of the physical body, remaining with our soul from life to life. For that, the Essenes connect and unite in communion with the world of Angels every day.

In the Essene Nation, there are several stages. First, there is an affinity of thought, the «friends of the Essenes», those who adhere to our thinking, who listen to the lectures of Olivier Manitará, read his books, but have not engaged themselves.

The next step is the commitment, the entry into the Circle of the Archangels. This is for the one who wants to achieve something concrete for a higher world and is bonded with an Angel. The new Essene chooses the Angel with whom he wants to live. This union is sealed by a sacred ceremony. Every day, the Essene gives this Angel the best of himself through his prayer and devotion. He promises to carry the virtue of the Angel in his thoughts, feelings and actions.

# Daily practice of the Essenes

In the Essene Tradition, Angels are associated with virtues. For example, the Angel of Love is associated with the virtue of Love. If you want to find love, not the love that is shown in the world of man, for it is obvious that it is not stable, faithful or pure, but Love in all of its greatness, you have to turn towards the Source. The Source is the Angel. By associating with the Angel you can really taste and experience the real virtue of love.

Each day, the Essene tries to form a body through his life (his thoughts, feelings and actions) to embody and manifest the virtue of this Angel that he carries. By doing this, the Essene receives all the blessings of the Angel and is happy to live with him because he sees that the virtues taught by his Angel are based on laws and superior principles. Then, love becomes visible, manifesting itself on earth with the essence of the divine world.

Since the Essene carries an Angel in his life, he is fruitful and brings to all beings that surround him this love that comes from a higher world, an impersonal and true love.

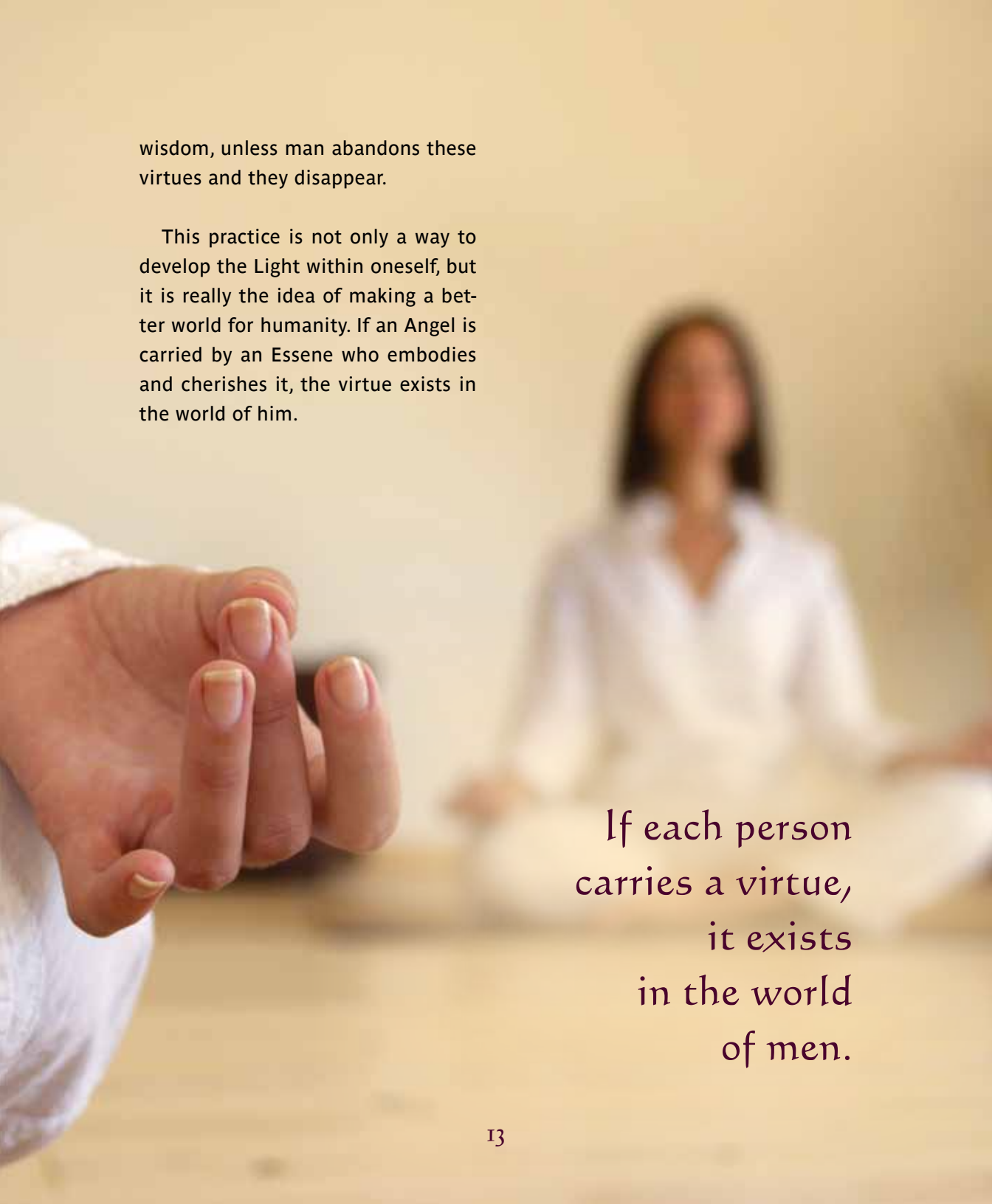
Today, many Essenes carry an Angel and work every day so that it will become stronger in the world of men by their daily practice of prayer and devotion.

Many virtues are developed in the world this way. The hope of the Essenes is that what is the most beautiful in human life becomes real and endure.

What is beautiful about this adventure, is that it is not only the world of Angels that is victorious but men can also benefit from it and find a better and wiser life. The more people there are who will carry the virtues, the more the earth and mankind will discover a world based on an ancient wisdom. Nothing can take away that

wisdom, unless man abandons these virtues and they disappear.

This practice is not only a way to develop the Light within oneself, but it is really the idea of making a better world for humanity. If an Angel is carried by an Essene who embodies and cherishes it, the virtue exists in the world of him.



If each person  
carries a virtue,  
it exists  
in the world  
of men.

# The essential points to know about the Essenes

## Christianity

The Essenes are not coming from a traditional Buddhist, Hindu or Muslim faith. Without rejecting these ancient traditions, they are rather more in affinity with Christianity, not the Christianity that we know through the Christian religion, but the original Christianity, in which the message of Jesus is not distorted. According to the Essenes, the message of Jesus has not really been understood in all of its wisdom, and those who have transmitted this knowledge have more often enslaved people than liberated them. What is essential in the life of humans is to have a path of liberation and not a path of slavery.

The Gospels are a source of wisdom, an invaluable nourishment from the moment you start trying to understand the wisdom hidden behind the words. You will perceive that there is a nourishment that can sustain your whole being: your body, your feelings, your thoughts, your conscience, your destiny, your soul, who asks nothing more than to drink from the source of universal wisdom.

## The Archangels

The Archangels are the eternal principles. For us they are the sacred writing, those who transmit the Gospel for our time, they are the instructors of the teaching of the Tradition of Light. The Essene Nation is connected to four great Archangels: Michael, Gabriel, Raphael and Uriel, they are the Fathers of the Essenes.

## The Angels

For us they are the most perfect aspect of what the world of man could be, as long as he has good qualities and can take his life in hand. Today man creates a world that distorts and enslaves him. Man is fundamentally a creature of good, but he became the opposite of what he could be, so the world of Angels closed the door to him. The Angels are the principle of brotherhood, eternity, immensity, sharing, common good and responsibility. Today, all of these values are being extinguished in the life of man and

he is building himself a life of isolation, irresponsibility and passivity. He lets himself be lead and guided by a world that makes him infantile and pushes him to use his thoughts, feelings and actions only to obtain a satisfactory material life. This is not bad if man has a higher world above him but if material comforts are the essence of his life, he will carry nothing with him when he crosses over to the other side of the veil.

The Angels are our guides: they show us that we must be responsible for our lives, we are creators and we can do many beneficial things in harmony with all the kingdoms that live with us. They also show that we are responsible for each other and if we only give our strength to the material world, the world of Angels will be extinguished.

Most of all, the Essenes want the Angels to be victorious by living their lives according to the Teaching of the Father.

The Angels are also the perfect image of respect and common good. If someone does well and uses the best of himself to do works that are for more than just the material side

of life, that is, works for the Light, not only will he find meaning in his life and be happy but he will also bring a great blessing to all the beings that surround him.

## The Mother

The Mother suffers from the life of man because man does not respect the most precious things he has. He thinks that he is the king of the earth and that he can do anything he wants: take the lives of animals, cause suffering to the kingdom of the plants and using the mineral kingdom at will. This is the perfect reflection of what man is doing today, thinking that only his well being is important and all that lives around him is only there to satisfy his needs. Without hesitation, he removes the life from these worlds and considers them only as something he can use as he wants.

Man is one of the four kingdoms of the Mother, as well as the animals, plants and minerals, and she does not understand his ungrateful attitude towards other realms. Yet she remains present for man and supports him hoping that one day, he will wake up to the reality of higher worlds. The Essenes want to recreate

# The essential points to know about the Essenes

a living connection with the Mother, respecting all beings who live within her and who are part of our Creation so that these beings find a way, through the Essene Nation, towards a higher world.

Without the Mother, we have no body. She allows us to maintain a memory that we can recover from life to life, but also free us from all the stupidity and imperfections that we have accumulated by our unconsciousness. In this way, the fundamental purpose of the Essenes is that the connection with the Mother remains alive and true so that no being suffers from the existence of man. Man does not have to be perfect, but he must at least have respect, he should not think that he is the centre of the universe and destroy, for his own well being, the beings of nature, that are all, like himself, the children of the Mother.

*The Essenes want to recreate  
a living connection  
with the Mother,  
respecting all beings that live  
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TOGETHER,  
WE TAKE CARE OF THE FUTURE....

Éditions Essénia

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