

# A CALL TO AWAKENING



IT IS TIME TO TAKE YOUR  
LIFE IN HAND

We must learn  
to master our thoughts,  
and our feelings,  
learn to act  
in a conscious way.  
We must know why we  
came on earth.



Many prophecies speak of the end of humanity in 2012. These prophecies are primarily based on the Mayan calendar which ends in 2012. It is obvious that these prophecies about the end of the world have some truth in them, but the Essene Tradition does not believe that humanity will be destroyed like Atlantis. We do not need philosophical discourses to understand that the Earth has had enough of the intense destruction that men inflict on it by unconsciousness and irresponsibility.

The Essene Tradition thinks that we are at the end of a cycle and that two humanities will appear in the coming years:

### **A TECHNOLOGICAL HUMANITY,**

in which man lives with machines, away from his soul. This humanity already exists and will only get stronger.

### **AND A HUMANITY**

**OF BEINGS CONSCIOUS** that their thoughts and actions transmit good or evil to future generations.

Therefore it is time to take things in hand, acquire a conscious way of thinking and have feelings that do not destroy man and all living creatures around him : animals, plants and minerals, the Angels, and all the celestial hierarchies.

During our life we should not do work and take actions that are destined to disappear when we pass the veil of death, but rather learn how to create great and beautiful works that will remain through time as writing that will glorify and honour a higher world.

The Essenes have thought about how to propose a plan of action to men and women who have a genuine desire to pass on this earth doing works worthy of the virtues that everyone has within himself.

### **WE MUST LEARN TO MASTER**

**OUR THOUGHTS** and finally create for ourselves a body of meditation so that we are not bombarded daily with unconscious thoughts, which eventually, over time, become a real poison and hindrance in our life.

### **WE MUST LEARN TO MASTER**

**OUR FEELINGS,** our subtle perceptions, because it is clear that today our feelings cause much more harm than good. As most people know, we have subtle bodies, but we are not really aware of them. It is vital to enter into an awareness and mastery of these bodies in order to create a stable physical body and invisible, beneficial associa-

tions. Therefore we must learn to create a body of blessing in order to heal all the worlds that surround us and to create beneficial associations in our lives. By being in harmony with these worlds we can really have extra strength.

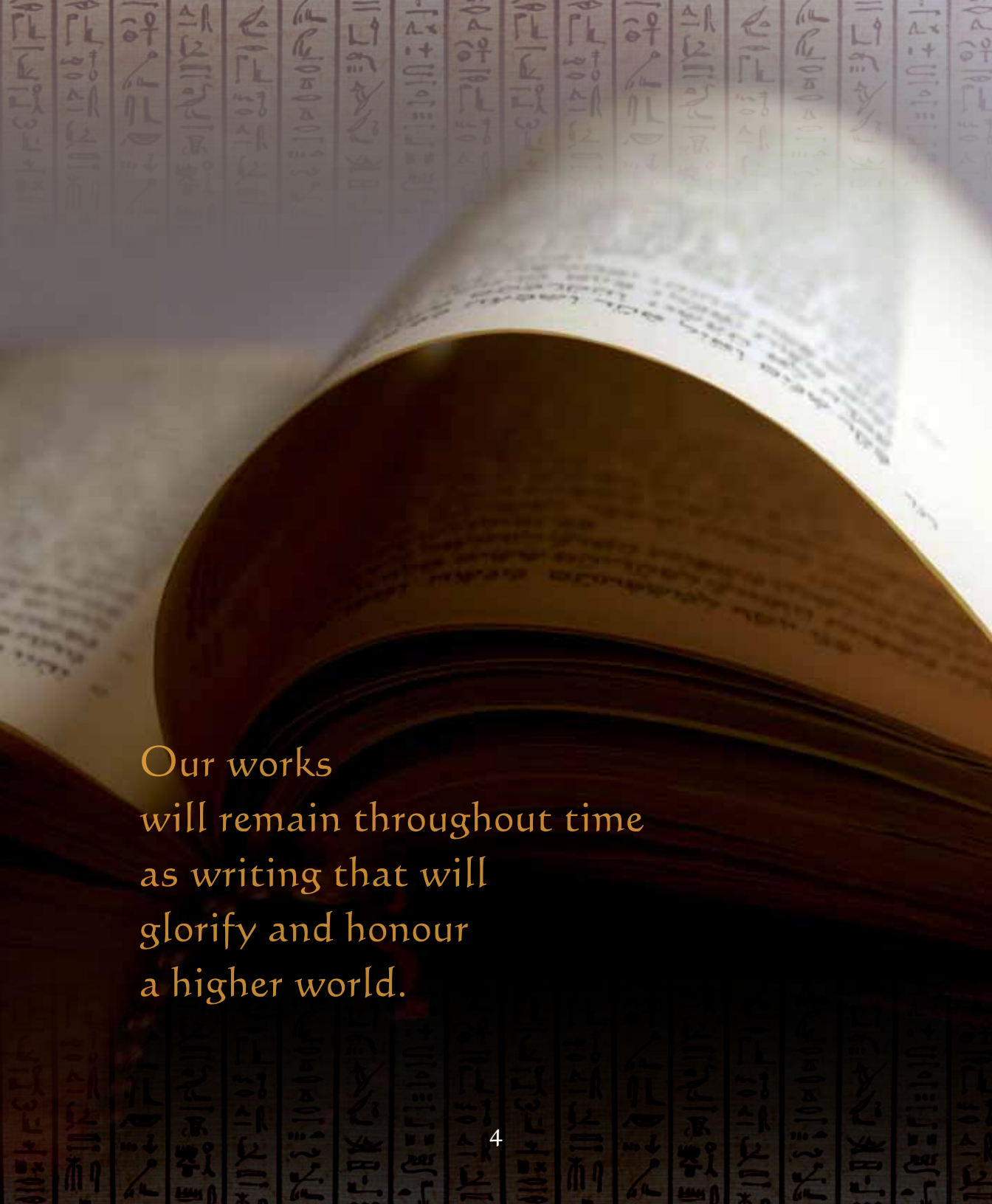
### **WE MUST LEARN**

**TO ACT CONSCIOUSLY.** We must begin to master ourselves and do things that have meaning and will create a future that is coherent with what we believe. Often, we do things unconsciously, and unconsciousness brings stupidity. It is time to take our lives in hand and begin to become masters and creators of our lives.

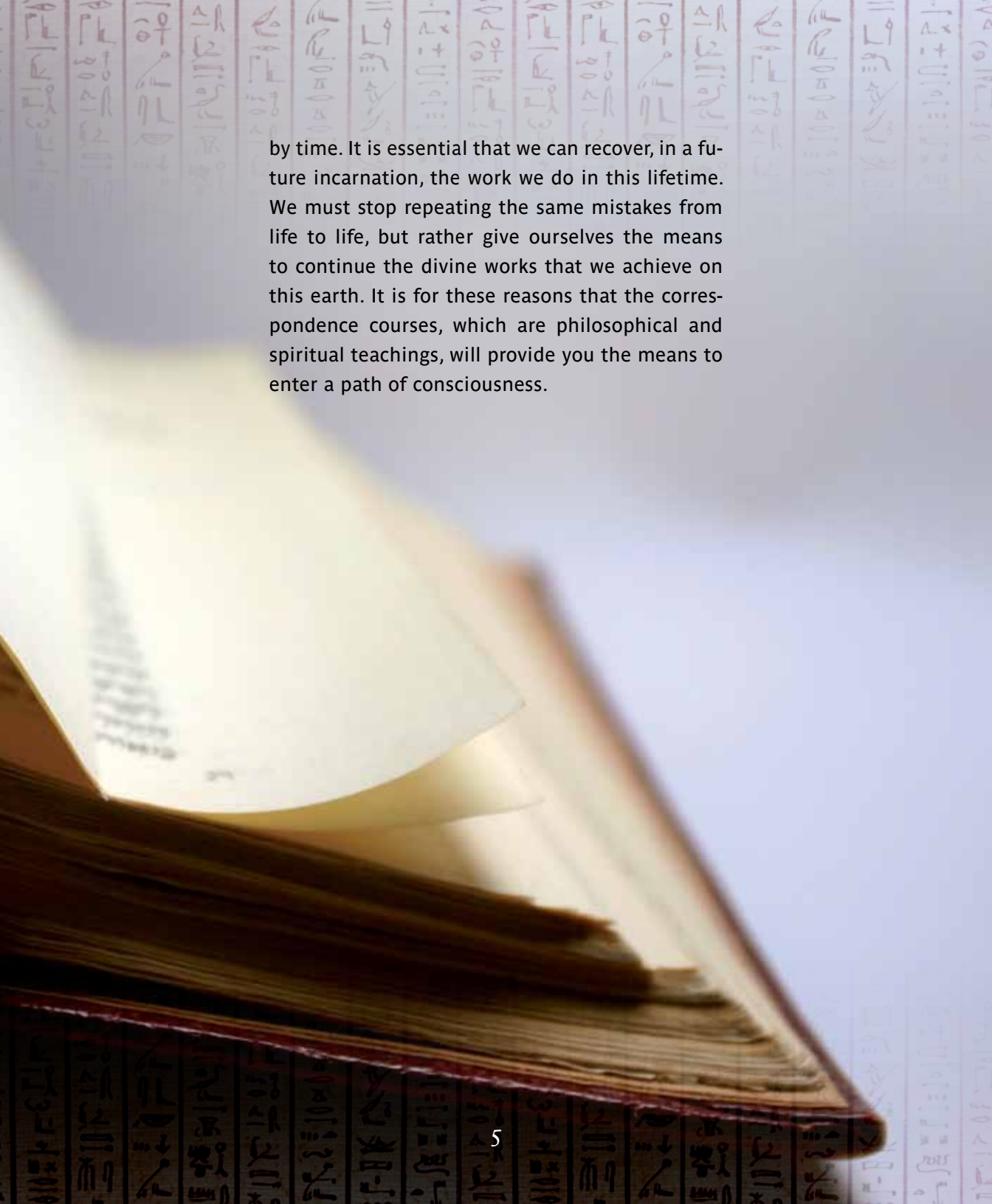
### **WE NEED TO KNOW WHY**

### **WE CAME TO THE EARTH,**

What is our purpose, who we really are, and if we are on the right path to achieve what we came to do. It is obvious that if we know what our mission is and know how to carry it out, we will become determined and efficient beings. Today, the weakness of man is that he does not know if what he is doing is what he should be doing. So, to be able to enter the path of consciousness, it is important to carry out works that are associated with a higher world and they must not be limited



Our works  
will remain throughout time  
as writing that will  
glorify and honour  
a higher world.

An open book is shown from a low angle, with the pages fanned out. The top page is slightly curled, revealing the text underneath. The background is a light blue gradient with faint, repeating text in a stylized font, possibly a script or a decorative pattern. The overall composition is clean and focused on the book.

by time. It is essential that we can recover, in a future incarnation, the work we do in this lifetime. We must stop repeating the same mistakes from life to life, but rather give ourselves the means to continue the divine works that we achieve on this earth. It is for these reasons that the correspondence courses, which are philosophical and spiritual teachings, will provide you the means to enter a path of consciousness.

# TO COMPLETE THE FULL COURSE TAKES 4 YEARS :

**1** The first year you begin to master and control your mind and your thoughts so that you ultimately create a body of meditation. We are not talking here about meditation positions associated with relaxation, but about a meditation that allows us to be stable, posed, confident, and in control of our thoughts and the higher laws, in order to choose our destiny.

**2** During the second year, you will learn to master the realm of feelings in a way that you create a body of blessing and associations with the subtle worlds around us. In this way you will not longer be under the permanent influence of the world of technology, fashion, consumerism and all that leads us to live only for material goals.

**3** The third year you begin to master your will, your acts and your unconscious daily behavior. You will learn to create a body of mastery and take charge of your life, direct it wherever you want to go, and become the creator of your own destiny.

**4** During the fourth year, you will learn to carry out works by the association of these three worlds (thoughts, feelings and will), mastering them in consciousness and wisdom. You will have all the elements to begin to carry out works in association with the higher worlds and you will really create a world of immortality. The works that you will carry out will not be lost. They will be registered in a world of immortality where you can retrieve



all you have achieved during your passage in the other world, in that way you will not repeat the same mistakes life after life.

## It is a real program for the education for the education of man

When the separation of the two humanities becomes more apparent, when you have to make a choice between the two paths that open before you : the world of technology or the world of consciousness destined only for those who are prepared, then everything will become evident and you will find all means, all the answers, and the necessary strength to enter a path of immortality.

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# A STORY TO REMEMBER:

We can look back at the history of Atlantis, that lived with a perfect technology, in a world where everything was controlled but where the light no longer had a place.

Because of this technology, Atlantis was swallowed into the sea. Fortunately, some beings, sages who foresaw this event and who prepared for it, were able to flee just before the flood. These great sages, several hundred of them, completely created a new civilization in another land, Egypt.

Egypt is the perfect representation of an abundant life, rich in wisdom. All we see of Egypt, through its temples, statues and animal divinities, represents a higher intelligence because the people held the knowledge of the higher worlds, transmitted

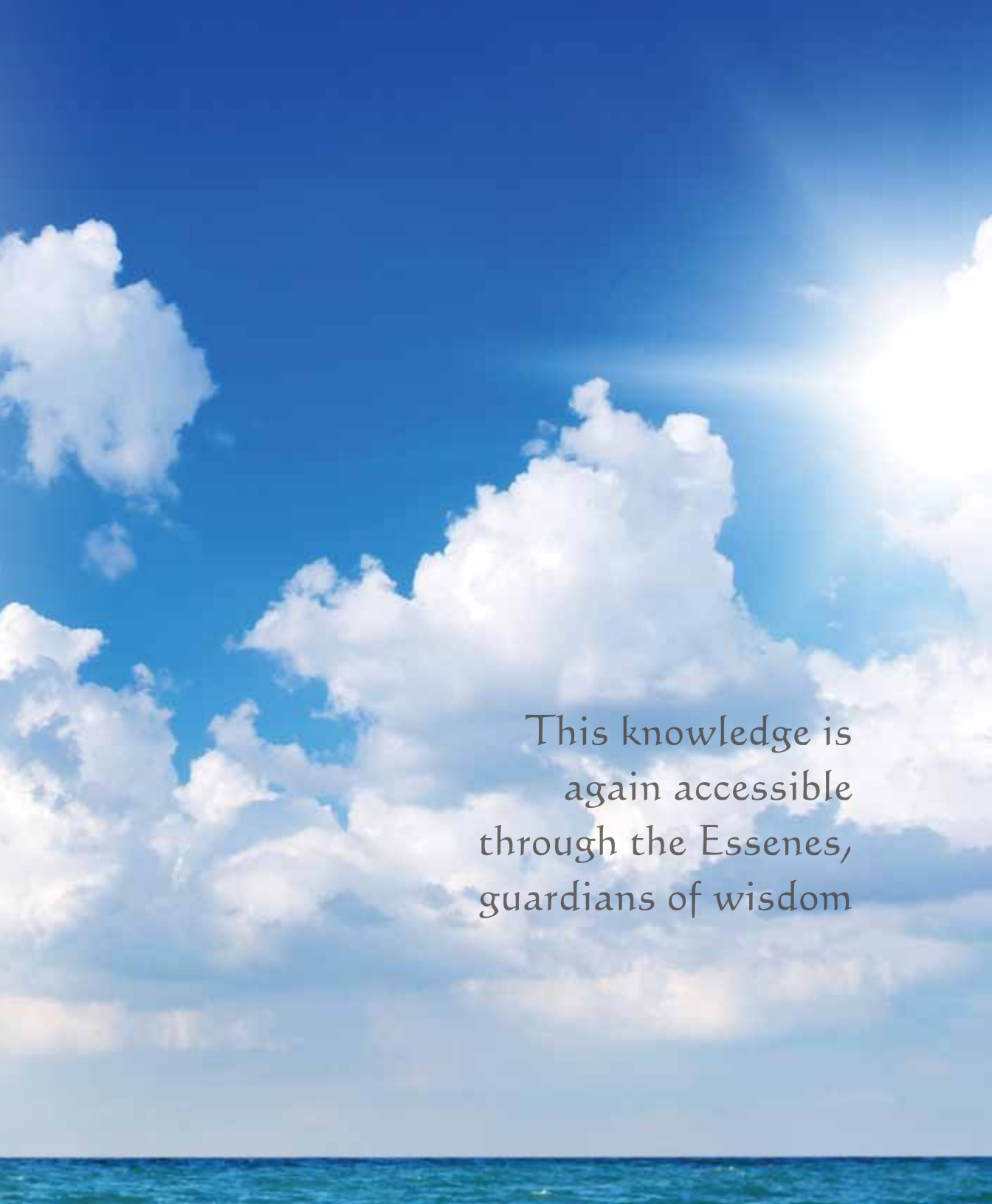
by the Atlanteans.

This knowledge is again accessible through the Essenes, guardians of the wisdom of the higher worlds.

It is recommended to follow the correspondence courses step by step until the fourth year so that you reconstruct healthy and strong bodies of thought, feelings and will in order to become conscious and happy beings.

Start with the first year and discover these teachings at your own pace, you will not be disappointed. You will see the quality and greatness of this new and unique teaching.

Note: Subscription are for one year minimum.



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through the Essenes,  
guardians of wisdom



TOGETHER,  
WE WRITE HISTORY

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